



PEREGRINE SCHOOL

July 2026 Lunch Menu

Known allergens are noted in *red*. For questions, please see Chef Blanca or email

blanca@peregrineschool.org

		1 Chicken Birria <i>Vegetarian Chicken Birria</i> Roasted Veggies Steamed Rice Seasonal Fruit <i>Legumes (Veggie Birria)</i> <i>Sesame (All Birria)</i>	2 Chickpea Pasta Salad <i>Vegetarian</i> Fresh Veggie Mix Seasonal Fruit <i>Dairy & Legumes (Pasta Salad)</i>	3 No School
6 BBQ Chicken Burger <i>Veggie Burger</i> Coleslaw Seasonal Fruit <i>Wheat (Bun)</i> <i>Egg (Coleslaw)</i>	7 Spinach & Cheese Ravioli <i>Vegetarian</i> Roasted Veggies Seasonal Fruit <i>Wheat, Dairy & Eggs (Ravioli)</i>	8 Sesame Chicken & Broccoli <i>Sesame Tofu & Broccoli</i> Steamed Brown Rice Seasonal Fruit <i>Legumes, Wheat & Sesame (Beef, Tofu & Broccoli)</i>	9 Bean & Cheese Burrito <i>Vegetarian</i> Roasted Veggies Seasonal Fruit <i>Dairy, Legumes & Wheat (Bean & Cheese Burritos)</i>	10 Cheese Pizza <i>Vegetarian</i> Fresh Veggies Seasonal Fruit <i>Wheat & Dairy (Pizza)</i>
13 Beef Quesabirria <i>Quesadillas</i> Fresh Veggies Seasonal Fruit <i>Sesame (All Birria)</i>	14 Mac and Cheese <i>Vegetarian</i> Pesto Roasted Cauliflower Oranges <i>Wheat (Pasta)</i> <i>Dairy (Mac and Cheese)</i>	15 Lemon Butter Fish <i>Vegetarian Fish</i> Roasted Veggies Brown Rice Seasonal Fruit <i>Dairy (Fish & Vegetarian)</i>	16 Creamy Spaghetti <i>Vegetarian</i> Shredded Cheese Roasted Veggies Seasonal Fruit <i>Dairy & Wheat (Spaghetti)</i> <i>Dairy (Shredded Cheese)</i>	17 Chicken Wontons <i>Vegetarian Wontons</i> Steamed Rice Roasted Veggies Seasonal Fruit <i>Wheat, Soy & Sesame (All Wontons)</i>
20 Turkey & Cheese Sliders <i>Cheese Sliders</i> Fresh Veggies Seasonal Fruit <i>Wheat, Dairy & Soy (Sliders)</i>	21 Chicken & Greenbean Stirfry <i>Tofu & Greenbean Stirfry</i> Steamed Rice Seasonal Fruit <i>Legumes, Wheat & Sesame (Beef, Tofu & Greenbeans)</i>	22 Creamy Pesto Pasta <i>Vegetarian</i> Veggies Shredded Cheese Seasonal Fruit <i>Wheat & Dairy (Pasta)</i>	23 Bean & Cheese Burrito <i>Vegetarian</i> Roasted Veggies Seasonal Fruit <i>Dairy, Legumes & Wheat (Bean & Cheese Burritos)</i>	24 Beef Meatball Subs <i>Veggie Meatball Subs</i> Steamed Veggies Seasonal Fruit <i>Legumes (Vegetarian)</i> <i>Dairy, Soy & Gluten (Beef Meatball Subs)</i>
27 Cheese Pizza <i>Vegetarian</i> Fresh Veggies Seasonal Fruit <i>Wheat & Dairy (Pizza)</i>	28 Sesame Noodle Salad <i>Vegetarian</i> Rice Noodles Fresh Veggies Seasonal fruit <i>Legumes, Sesame (Sesame Noodle Salad)</i>	29 Chilito de Carne Con Papas <i>Vegetarian Beef con Papas</i> Flour Tortillas Veggies Seasonal Fruit <i>Wheat (Flour Tortilla)</i>	30 Cheeseburger Sliders <i>Cheese Sliders</i> Fresh Veggies Seasonal Fruit <i>Wheat, Dairy & Soy (Sliders)</i>	31 Butter Pasta <i>Vegetarian</i> Roasted Veggies Shredded Cheese Seasonal Fruit <i>Wheat & Dairy (Pasta & Cheese)</i>