



April 2026 Year Snack Menu (West)

Known allergens are noted in *red*. For questions, please see Chef Finley or email

finley@peregrineschool.org

		1 Oatmeal and Bananas <i>Vegan</i>	3 Smoothie Bowls and Graham Crackers <i>Vegan</i> Wheat and Soy (Graham Crackers)	4 Banana Chocolate Chip Muffins and Bananas <i>Vegan</i> Wheat and Soy (Muffins)
6 English Muffins with Jam and Apples <i>Vegetarian</i> Wheat and Dairy (English Muffins)	7 Yogurt and Granola <i>Vegetarian</i> Diary (Yogurt)	8 Pita Chips/Bread with Hummus and Bananas <i>Vegan</i> Wheat (Pita Chips/Bread) and Sesame (Hummus)	9 Sunbutter Sandwiches and Strawberries <i>Vegan</i> Wheat (Sunbutter Sandwiches)	10 Blueberry Muffins and Bananas <i>Vegan</i> Wheat and Soy (Muffins)
13 Applesauce and Wheat Thins <i>Vegan</i> Wheat (Wheat Thins)	14 Bagels and Cream Cheese <i>Vegetarian</i> Wheat, Sesame (Bagels), and Dairy (Cream Cheese)	15 Oatmeal and Bananas <i>Vegan</i>	16 Smoothie Bowls and Graham Crackers <i>Vegan</i> Wheat and Soy (Graham Crackers)	17 Chocolate Muffins and Bananas <i>Vegan</i> Wheat and Soy (Muffins)
20 Cheese Cubes and Wheat Crackers <i>Vegetarian</i> Wheat, Sesame (Crackers), and Dairy (Cheese Cubes)	21 Sunbutter Sandwiches and Bananas <i>Vegan</i> Wheat (Sunbutter Sandwiches)	22 English Muffins with Jam and Apples <i>Vegetarian</i> Wheat and Dairy (English Muffins)	23 Yogurt and Granola <i>Vegetarian</i> Diary (Yogurt)	24 Lemon Poppyseed Muffins and Bananas <i>Vegan</i> Wheat and Soy (Muffins)
27 Smoothie Bowls and Graham Crackers <i>Vegan</i> Wheat and Soy (Graham Crackers)	28 Pita Chips/Bread with Hummus and Apples <i>Vegan</i> Wheat (Pita Chips/Bread) and Sesame (Hummus)	29 Oatmeal and Bananas <i>Vegan</i>	30 Bagels and Cream Cheese <i>Vegetarian</i> Wheat, Sesame (Bagels) and Dairy (Cream Cheese)	



**PEREGRINE
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		1 Mac and Cheese Roasted Carrots Apples Wheat and Dairy (Mac and Cheese)	3 Ground Turkey Tacos <i>Soya and Potato Tacos</i> Shredded Cheese Lettuce and Tomatoes Mango Wheat (Tortillas), Dairy (Shredded Cheese), and Soya (Soya)	4 Bean and Cheese Burritos Cucumbers Grapes Wheat and Dairy (Burritos)
6 Pesto Pasta Shredded Parmesan Zucchini Pineapple Wheat, Soy (Pesto Pasta), and Dairy (Parmesan Cheese)	7 Breaded Chicken and Fries <i>Vegetarian</i> Ketchup Baby Carrots Oranges Wheat and Dairy (Breaded Chicken)	8 Grilled Cheese Cucumbers Watermelon Wheat and Dairy (Grilled Cheese)	9 Chana Masala Rice Cauliflower Pears	10 Chicken Enchilada Casserole <i>Cheese Enchilada Casserole</i> Green Beans Apples Soy and Dairy (Enchilada Casserole)
13 Butter Pasta and Meatballs <i>Butter Pasta and Vegetarian Meatballs</i> Shredded Parmesan Broccoli Oranges Wheat, Dairy and Soy (Butter Pasta and Meatballs)	14 Ginger Miso Beef <i>Ginger Miso Tofu</i> Rice Cauliflower Apples Wheat and Soy (Ginger Miso Beef and Tofu)	15 Pizza Cucumbers Watermelon Wheat and Dairy (Pizza)	16 Ground Turkey Tacos <i>Soya and Potato Tacos</i> Shredded Cheese Lettuce and Tomatoes Pears Wheat (Tortillas), Dairy (Shredded Cheese), and Soya (Soya)	17 Bean and Cheese Burritos Baby Carrots Cantaloupe Wheat and Dairy (Burritos)
20 Spaghetti Shredded Parmesan Green Beans Pears Wheat (Spaghetti) and Dairy (Shredded Parmesan)	21 Teriyaki Chicken <i>Teriyaki Tofu</i> Rice Broccoli Oranges Wheat and Soy (Teriyaki Chicken and Tofu)	22 Chicken Enchilada Casserole <i>Cheese Enchilada Casserole</i> Bell Peppers Pineapple Soy and Dairy (Enchilada Casserole)	23 Grilled Cheese Baby Carrots Oranges Wheat and Dairy (Grilled Cheese)	24 Chicken Quesadillas <i>Cheese Quesadillas</i> Cucumbers Pears Wheat and Dairy (Chicken Quesadillas)
27 Alfredo Roasted Carrots Pears Wheat and Dairy (Alfredo)	28 Ground Turkey Tacos <i>Soya and Potato Tacos</i> Shredded Cheese Lettuce and Tomatoes Mango Wheat (Tortillas), Dairy (Shredded Cheese), and Soya (Soya)	29 Pizza Cucumbers Watermelon Wheat and Dairy (Pizza)	30 Yaki Udon with Beef <i>Yaki Udon with Tofu</i> Cauliflower Oranges Wheat and Soy (Yaki Udon)	