



PEREGRINE SCHOOL

December 2025 Snack Menu (West)

Known allergens are noted in *red*. For questions, please see Chef Finley or email finley@peregrineschool.org

1 Baked Oatmeal and Bananas <i>Vegan</i> Soy (Oatmeal)	2 Bagels and Cream Cheese and Oranges <i>Vegetarian</i> Wheat, Sesame (Bagels), and Dairy (Cream Cheese)	3 Sunbutter Sandwiches and Apples <i>Vegan</i> Wheat (Sandwiches)	4 Pita Chips/Bread and Hummus and Oranges <i>Vegan</i> Wheat, (Pita Chips/Bread), Sesame (All), and Legumes (Hummus)	5 Chocolate Chip Banana Muffins and Bananas <i>Vegan</i> Wheat and Soy (Muffins)
8 English Muffins with Jam and Bananas <i>Vegan</i> Allergens	9 Cheese Cubes and Wheat Crackers <i>Vegetarian</i> Wheat, Sesame (Crackers), and Dairy (Cheese Cubes)	10 Applesauce and Wheat Thins <i>Vegan</i> Wheat (Wheat Thins)	11 Yogurt and Graham Crackers <i>Vegetarian</i> Wheat, Soy (Graham Crackers), and Dairy (Yogurt)	12 Gingerbread Muffins and Bananas <i>Vegan</i> Wheat and Soy (Muffins)
15 Yogurt and Graham Crackers <i>Vegetarian</i> Wheat, Soy (Graham Crackers), and Dairy (Yogurt)	16 Oatmeal and Bananas <i>Vegan</i>	17 Sunbutter Sandwiches and Apples <i>Vegan</i> Wheat (Sandwiches)	18 Bagels and Cream Cheese and Oranges <i>Vegetarian</i> Wheat, Sesame (Bagels), and Dairy (Cream Cheese)	19 Peppermint Hot Chocolate Muffins and Bananas <i>Vegan</i> Wheat and Soy (Muffins)
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
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1 Pesto Pasta Shredded Parmesan Cauliflower Apples Wheat, Soy (Pesto Pasta), and Dairy (Parmesan)	2 Bean and Cheese Burritos Cucumbers Cantaloupe Wheat and Dairy (Burritos)	3 Teriyaki Chicken <i>Teriyaki Tofu</i> Rice Broccoli Pears Wheat and Soy (Teriyaki Sauce)	4 Grilled Cheese Baby Carrots Apples Wheat and Dairy (Grilled Cheese)	5 BBQ Chicken Sandwiches <i>Soy Chicken Sandwiches</i> Cucumbers Watermelon Wheat, Sesame (Sandwich Buns), and Soy (Soy Chicken)
8 Spaghetti Shredded Parmesan Broccoli Grapefruit Wheat (Spaghetti) and Dairy (Parmesan)	9 Turkey Chili <i>Vegetarian Chili</i> Tortilla Chips Oranges Cucumbers Legumes (Chili)	10 Beef Bulgogi <i>Tofu Bulgogi</i> Rice Cauliflower Apples Wheat and Soy (Beef and Tofu Bulgogi)	11 Butter Pasta and Meatballs <i>Butter Pasta and Soya</i> Shredded Parmesan Baby Carrots Pears Wheat (Pasta), Soy (Meatballs and Soya), and Dairy (Butter Pasta, Cheese, and Meatballs)	12 Ground Turkey Tacos <i>Potato Tacos</i> Shredded Cheese Lettuce and Tomatoes Apples Wheat (Tortillas) and Dairy (Shredded Cheese)
15 Mac and Cheese Green Beans Apples Wheat and Dairy (Mac and Cheese)	16 Grilled Cheese Baby Carrots Pears Wheat and Dairy (Grilled Cheese)	17 Latkes and Ground Chicken Sour Cream Broccoli Oranges Wheat and Soy (Chicken)	18 Chicken Quesadillas <i>Cheese Quesadillas</i> Baby Carrots Pears Wheat and Dairy (Quesadillas)	19 Pizza Cucumbers Watermelon Wheat and Dairy (Pizza)
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
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