



**PEREGRINE  
SCHOOL**

**April 2024 Snack Menu**

*Known allergens are noted in red. For questions, please see Chef Blanca or Chef Jhan  
[blanca@peregrineschool.org](mailto:blanca@peregrineschool.org) or [Jhan@peregrineschool.org](mailto:Jhan@peregrineschool.org)*

1 No School	2 Oatmeal Seasonal Fruit <i>Vegetarian</i> Dairy (Oatmeal)	3 Sunbutter Apple Slices <i>Vegan</i>	4 Bagel Cream Cheese <i>Vegetarian</i> Dairy (Cream Cheese) Wheat (Bagel)	5 Cheese Cubes Wheat Crackers <i>Vegetarian</i> Dairy (Cheese Cubes) Wheat (Crackers)
8 Yogurt Graham Crackers <i>Vegetarian</i> Dairy (Yogurt) Wheat (Graham Crackers)	9 Oatmeal Seasonal Fruit <i>Vegan</i>	10 Pita Chips Hummus <i>Vegan</i> Wheat (Pita Chips) Sesame (Hummus) Legumes (Hummus)	11 Cottage Cheese Strawberries <i>Vegetarian</i> Dairy (Cottage Cheese)	12 Apple Sauce Wheat Thins <i>Vegetarian</i> <del>Wheat (Wheat Thins)</del>
15 Cheese Sticks Pretzels <i>Vegetarian</i> Wheat (Pretzels) Dairy (Cheese Sticks)	16 Sunbutter Apple Slices <i>Vegan</i>	17 Morning Rounds Seasonal fruit <i>Vegan</i> Wheat (Morning Rounds)	18 Cheese Cubes Wheat Crackers <i>Vegetarian</i> Wheat (Wheat Crackers) Dairy (Cheese Cubes)	19 Pumpkin Muffins Seasonal Berries <i>Vegetarian</i> Wheat & Dairy (Muffins)
22 Sunbutter Sandwich Seasonal Fruit <i>Vegetarian</i> Wheat (Sandwich)	23 Cheese Sticks Pretzels <i>Vegetarian</i> Wheat (Pretzels) Dairy (Cheese Sticks)	24 Bagel Cream Cheese <i>Vegetarian</i> Dairy (Cream Cheese) Wheat (Bagel)	25 Pita Chips Hummus <i>Vegan</i> Wheat (Pita Chips) Sesame (Hummus) Legumes (Hummus)	26 Cheese Sticks Graham Crackers <i>Vegetarian</i> Wheat (Graham Crackers) Dairy (Cheese Sticks)
29 Apple Sauce Wheat Thins <i>Vegetarian</i>	30 Cottage Cheese Strawberries <i>Vegetarian</i> Dairy (Cottage Cheese)			



**PEREGRINE  
SCHOOL**

**April 2024 Lunch Menu**

*Known allergens are noted in red. For questions, please see Chef Blanca or Chef Jhan  
[blanca@peregrineschool.org](mailto:blanca@peregrineschool.org) or [Jhan@peregrineschool.org](mailto:Jhan@peregrineschool.org)*

<p>1 <b>NO SCHOOL</b></p>	<p>2 <b>Chicken Wontons</b> <i>Vegetarian Wontons</i> Steamed Rice Roasted Veggies Seasonal Fruit Wheat, Soy &amp; Sesame (All Wontons)</p>	<p>3 <b>Ground Turkey Soft Tacos</b> <i>Vegetarian Soft Tacos</i> Shredded Cheese Onions &amp; Lettuce Salsa Seasonal Fruit Wheat (Tortillas) Dairy (Shredded Cheese) Legumes (Vegetarian)</p>	<p>4 <b>Cheese Pizza</b> <i>Vegetarian</i> Steamed Veggies Seasonal Fruit Wheat &amp; Dairy (Pizza)</p>	<p>5 <b>Meatballs</b> <i>Vegetarian Meatballs</i> Fresh Veggies Butter Orzo Pasta Seasonal Fruit Wheat &amp; Dairy (Orzo Pasta) Dairy, Soy, Wheat (All Meatballs)</p>
<p>8 <b>Bean Burrito</b> <i>Vegetarian</i> Shredded Cheese Roasted Veggie Seasonal Fruit Dairy, Legumes, &amp; Wheat (Bean Burrito)</p>	<p>9 <b>Mongolian Beef</b> <i>Mongolian Tofu</i> Brown Rice Roasted Veggies Seasonal Fruit Soy (Mongolian Sauce)</p>	<p>10 <b>BBQ Chicken Burger</b> <i>Veggie Burger</i> Coleslaw Seasonal Fruit Wheat (Buns) Egg (Coleslaw)</p>	<p>11 <b>Cheese Ravioli</b> <i>Vegetarian</i> Roasted Veggies Seasonal Fruit Wheat, Dairy &amp; Eggs (Ravioli)</p>	<p>12 <b>Chickpea Garam Masala</b> <i>Vegetarian</i> White Rice Fresh Veggies Seasonal Fruit Legumes (Chickpea)</p>
<p>15 <b>Edamame Mein</b> <i>Vegetarian</i> Egg Noodle Seasonal Fruit Legumes &amp; Sesame (Edamame Mein) Wheat &amp; Eggs (Egg Noodle)</p>	<p>16 <b>Seasoned Pasta</b> <i>Vegetarian</i> Parmesan Cheese Roasted Veggies Seasonal Fruit Dairy (Cheese) Wheat (Pasta)</p>	<p>17 <b>Baked Fish</b> <i>Tofu Strips</i> Fresh Veggies Brown Rice Seasonal Fruit Legumes (Veggie Fish) Fish (Baked Fish)</p>	<p>18 <b>Creamy Pesto Pasta</b> <i>Vegetarian</i> Roasted Veggies Seasonal Fruit Wheat &amp; Dairy (Pasta &amp; Sauce)</p>	<p>19 <b>Cheese Enchiladas</b> <i>Vegetarian</i> Steamed Veggies Sour Cream Seasonal Fruit Dairy (Enchiladas &amp; Sour Cream)</p>
<p>22 <b>Ginger Beef</b> <i>Ginger Tofu</i> Brown Rice Fresh Veggies Seasonal Fruit Soy (Ginger Sauce)</p>	<p>23 <b>Veggie Bolognese Pasta</b> <i>Vegetarian</i> Roasted Veggies Shredded Parmesan Seasonal fruit Gluten (Pasta) Celery (Pasta Bolognese Sauce) Dairy (Shredded Parm)</p>	<p>24 <b>Bean Tostada</b> <i>Vegetarian</i> Shredded Cheese Sour Cream Roasted Veggies Seasonal Fruit Legumes (Beans) Dairy (Shredded Cheese)</p>	<p>25 <b>Alfredo Pasta</b> <i>Vegetarian</i> Roasted Veggies Seasonal Fruit Wheat &amp; Dairy (Pasta)</p>	<p>26 <b>Lentil Dahl</b> <i>Vegetarian</i> Basmati Rice Roasted Cauliflower Tangerines Legumes (Lentil)</p>
<p>29 <b>Egg Salad Sandwich</b> <i>Vegetarian</i> Steamed Veggies Seasonal Fruit Egg &amp; Wheat (Sandwich)</p>	<p>30 <b>Cheese Pizza</b> <i>Vegetarian</i> Fresh Veggies Seasonal Fruit Wheat &amp; Dairy (Pizza)</p>			