



PEREGRINE SCHOOL

May 2025 Snack Menu (West)

Known allergens are noted in **red**. For questions, please see Chef Finley or email finley@peregrineschool.org

			¹ Cheese Cubes and Crackers <i>Vegan</i> Wheat (Crackers) and Dairy (Cheese Cubes)	² Chocolate Muffins and Bananas <i>Vegan</i> Wheat (Muffins)
⁵ English Muffins with Jam and Fruit <i>Vegetarian</i> Wheat and Dairy (English Muffins)	⁶ Cheese Cubes and Wheat Crackers <i>Vegetarian</i> Wheat (Crackers) and Dairy (Cheese Cubes)	⁷ Bagels and Cream Cheese and Fruit <i>Vegetarian</i> Wheat (Bagels) and Dairy (Cream Cheese)	⁸ Yogurt and Graham Crackers <i>Vegetarian</i> Dairy (Smoothie Bowl) and Wheat (Graham Crackers)	⁹ Lemon Poppyseed Muffins <i>Vegan</i> Wheat (Muffins)
¹² Hummus and Pita Chips and Fruit <i>Vegan</i> Wheat (Pita Chips) and Sesame and Legumes (Hummus)	¹³ Oatmeal and Fruit <i>Vegan</i>	¹⁴ Sunbutter Sandwiches and Fruit <i>Vegetarian</i> Wheat (Sandwiches) and Dairy (Cheese Sticks)	¹⁵ Applesauce and Wheat Thins <i>Vegan</i> Wheat (Wheat Thins)	¹⁶ Banana Muffins and Bananas <i>Vegan</i> Allergens
¹⁹ English Muffins with Jam and Oranges <i>Vegetarian</i> Wheat and Dairy (English Muffins)	²⁰ Yogurt and Graham Crackers <i>Vegetarian</i> Dairy (Smoothie Bowl) and Wheat (Graham Crackers)	²¹ Bagels and Cream Cheese and Fruit <i>Vegan</i> Wheat (Bagels) and Dairy (Cream Cheese)	²² Pumpkin Muffins and Bananas <i>Vegan</i> Wheat (Muffins)	²³ Sunbutter Sandwiches and Fruit <i>Vegetarian</i> Wheat (Sandwiches)
NO SCHOOL	²⁷ Applesauce and Wheat Thins <i>Vegan</i> Wheat (Wheat Thins)	²⁸ Oatmeal and Fruit <i>Vegan</i>	²⁹ Smoothie Bowl and Graham Crackers <i>Vegetarian</i> Dairy (Smoothie Bowl) and Wheat (Graham Crackers)	³⁰ Orange Muffins and Bananas <i>Vegan</i> Wheat (Muffins)



PEREGRINE SCHOOL

May 2025 Lunch Menu (West)

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			1 Pizza <i>Vegetarian</i> Baby Carrots Watermelon Wheat, Dairy, and Legumes (Pizza)	2 Ground Turkey Tacos <i>Potato and Soy Tacos</i> Shredded Cheese Veggie Fruit Wheat (Tortillas) and Dairy (Shredded Cheese)
5 Spaghetti <i>Vegetarian</i> Shredded Cheese Veggie Fruit Wheat and Legumes (Spaghetti) and Dairy (Shredded Cheese)	6 Chicken Wrap <i>Chickpea Wrap</i> Yogurt Sauce Veggie Fruit Wheat (Tortillas) and Dairy (Yogurt Sauce)	7 Honey Sesame Beef <i>Honey Sesame Tofu</i> Rice Veggie Fruit Wheat, Soy, and Sesame (Sauce)	8 Bean and Cheese Burritos <i>Vegetarian</i> Veggie Fruit Wheat and Dairy (Burritos)	9 BBQ Chicken Sandwiches <i>Veggie BBQ Sandwiches</i> Veggie Fruit Wheat (Sandwich Buns)
12 Mac and Cheese <i>Vegetarian</i> Veggie Fruit Wheat and Dairy (Mac and Cheese)	13 Ground Turkey Tacos <i>Potato and Soy Tacos</i> Shredded Cheese Veggie Fruit Wheat (Tortillas) and Dairy (Shredded Cheese)	14 Chicken and Mashed Potatoes <i>Chickpeas and Mashed Potatoes</i> Shredded Cheese Veggie Fruit Dairy (Mashed Potatoes) and Legumes (Chickpeas)	15 Grilled Cheese <i>Vegetarian</i> Veggie Fruit Wheat and Dairy (Grilled Cheese)	16 Butter Pasta and Meatballs <i>Butter Pasta</i> Shredded Parmesan Veggie Fruit Wheat and Dairy (butter Pasta)
19 Pesto Pasta <i>Vegetarian</i> Shredded Parmesan Veggie Fruit Wheat (Pasta) and Dairy (Shredded Cheese)	20 Chicken Quesadillas <i>Cheese Quesadillas</i> Veggie Fruit Wheat and Dairy (Quesadillas)	21 Beef Chow Fun <i>Soy Chow Fun</i> Veggie Fruit Wheat and Soy (Chow Fun Sauce)	22 Bean and Cheese Burritos <i>Vegetarian</i> Veggie Fruit Wheat and Dairy (Burritos)	23 Pizza <i>Vegetarian</i> Baby Carrots Watermelon Wheat, Dairy, and Legumes (Pizza)
NO SCHOOL	27 Alfredo Pasta <i>Vegetarian</i> Veggie Fruit Dairy and Wheat (Alfredo Pasta)	28 Teriyaki Chicken <i>Teriyaki Tofu</i> Rice Veggie Fruit Wheat and Soy (Teriyaki Sauce)	29 Ground Turkey Tacos <i>Soy and Potato Tacos</i> Veggie Fruit Wheat (Tortillas) and Dairy (Shredded Cheese)	30 Grilled Cheese <i>Vegetarian</i> Veggie Fruit Wheat and Dairy (Grilled Cheese)