



PEREGRINE SCHOOL

January 2026 Snack Menu (West)

Known allergens are noted in *red*. For questions, please see Chef Finley or email

finley@peregrineschool.org

			1 NO SCHOOL	2 NO SCHOOL
5 NO SCHOOL	6 Sunbutter Sandwiches and Bananas <i>Vegan</i> Wheat (Sunbutter Sandwiches)	7 Bagels and Cream Cheese with Oranges <i>Vegetarian</i> Wheat, Sesame (Bagels), and Dairy (Cream Cheese)	8 Oatmeal and Blueberries <i>Vegan</i>	9 Lemon Poppyseed Muffins and Bananas <i>Vegan</i> Wheat and Soy (Muffins)
12 Applesauce and Wheat Thins <i>Vegan</i> Wheat (Wheat Thins)	13 Cheese Cubes and Crackers <i>Vegetarian</i> Wheat, Sesame (Crackers), and Dairy (Cheese Cubes)	14 English Muffins with Jam and Apples <i>Vegetarian</i> Wheat and Dairy (English Muffins)	15 Arroz Con Leche and Oranges <i>Vegetarian</i> Contains Dairy	16 Banana Chocolate Chip Muffins and Bananas <i>Vegan</i> Wheat and Soy (Muffins)
19 NO SCHOOL	20 Applesauce and Wheat Thins <i>Vegan</i> Wheat (Wheat Thins)	21 Yogurt and Graham Crackers <i>Vegetarian</i> Wheat, Soy (Graham Crackers), and Dairy (Yogurt)	22 Sunbutter Sandwiches and Oranges <i>Vegan</i> Wheat (Sunbutter Sandwiches)	23 Strawberry Muffins and Bananas <i>Vegan</i> Wheat and Soy (Muffins)
26 English Muffins with Jam and Bananas <i>Vegetarian</i> Wheat and Dairy (English Muffins)	27 Cheese Cubes and Crackers <i>Vegetarian</i> Wheat, Sesame (Crackers), and Dairy (Cheese Cubes)	28 Bagels and Cream Cheese with Oranges <i>Vegan</i> Wheat, Sesame (Bagels), and Dairy (Cream Cheese)	29 Oatmeal and Bananas <i>Vegan</i>	30 Chocolate Muffins and Bananas <i>Vegan</i> Wheat and Soy (Muffins)



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			1 NO SCHOOL	2 NO SCHOOL
5 NO SCHOOL	6 Bean and Cheese Burritos Cucumbers Pears Wheat and Dairy (Burritos)	7 Orange Chicken <i>Orange Tofu</i> Rice Broccoli Apples Wheat and Soy (Orange Sauce)	8 Grilled Cheese Baby Carrots Oranges Wheat and Dairy (Grilled Cheese)	9 BBQ Chicken Sandwiches <i>BBQ Soy Patties</i> Cucumbers Watermelon Wheat and Sesame (Sandwich Buns)
12 Pesto Pasta Shredded Parmesan Cauliflower Honeydew Wheat, Soy (Pesto Pasta), and Dairy (Parmesan)	13 Ground Turkey Tacos <i>Soya Tacos</i> Shredded Cheese Lettuce and Tomatoes Oranges Wheat (Tortillas), Soy (Soya), and Dairy (Cheese)	14 Ginger Miso Beef <i>Ginger Miso Tofu</i> Rice Broccoli Pears Wheat and Soy (Ginger Miso Beef and Tofu)	15 Butter Pasta and Meatballs <i>Butter Pasta and Soya</i> Shredded Parmesan Baby Carrots Apples Wheat (Pasta), Soy (Meatballs and Soya), and Dairy (Butter Pasta, Cheese, and Meatballs)	16 Pizza Cucumbers Watermelon Wheat and Dairy (Pizza)
19 NO SCHOOL	20 Grilled Cheese Cucumbers Apples Wheat and Dairy (Grilled Cheese)	21 Sweet and Sour Chicken <i>Sweet and Sour Tofu</i> Rice Cauliflower Oranges Wheat and Soy (Sweet and Sour Sauce)	22 Bean and Cheese Burritos Baby Carrots Pears Wheat and Dairy (Burritos)	23 Chicken Quesadillas <i>Cheese Quesadillas</i> Cucumbers Apples Wheat and Dairy (Quesadillas)
26 Mac and Cheese Cauliflower Pears Wheat and Dairy (Mac and Cheese)	27 Butter Pasta and Meatballs <i>Butter Pasta and Soya</i> Shredded Parmesan Green Beans Oranges Wheat (Pasta), Soy (Meatballs and Soya), and Dairy (Butter Pasta, Cheese, and Meatballs)	28 Chicken Curry <i>Chickpea Curry</i> Rice Broccoli Apples Coconut (Curry Sauce)	29 Pizza Cucumbers Watermelon Wheat and Dairy (Pizza)	30 Ground Turkey Tacos <i>Soya Tacos</i> Shredded Cheese Lettuce and Tomatoes Cantaloupe Wheat (Tortillas), Soy (Soya), and Dairy (Cheese)