

April 2024 Snack Menu

*Known allergens are noted in red. For questions, please see Chef Blanca or Chef Jhan*

***blanca@peregrineschool.org*** *or****Jhan@peregrineschool.org***

| 1No School | 2Cheese SticksGraham Crackers*Vegetarian*Wheat (Graham Crackers)Dairy (Cheese Sticks)  | 3Black Bean MuffinsBanana*Vegetarian*Dairy, Legumes, & Cocoa (Muffins) | 4Chocolate OatmealBananas*Vegetarian*Dairy & Cocoa (Oatmeal) | 5Sunbutter Apple SlicesRice Crackers*Vegan* |
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| 8ApplesauceGraham Crackers*Vegetarian*Wheat (Graham Crackers) | 9Oat Pancakes Bananas*Vegetarian*Egg, Dairy, Wheat (Oat Pancakes) | 10Cheese SticksPretzels*Vegetarian*Wheat (Pretzels)Dairy (Cheese Sticks) | 11Hard Boiled EggSeasonal Berries*Vegetarian*Egg (Eggs) | 12Strawberry YogurtWheat Crackers*Vegetarian*Dairy (Yogurt)Wheat (Wheat Crackers)  |
| 15Sunbutter Apple SlicesRice Crackers*Vegan* | 16Pita ChipsHummus*Vegan*Wheat & Sesame (Pita Chips)Sesame & Legumes (Hummus) | 17PumpkinMuffinsSeasonal Berries*Vegetarian*Wheat & Dairy (Muffins) | 18Chocolate OatmealBananas*Vegetarian*Dairy & Cocoa (Oatmeal) | 19Cheese SticksGraham Crackers*Vegetarian*Wheat (Graham Crackers)Dairy (Cheese Sticks) |
| 22Morning Rounds Pineapple*Vegan*Wheat (Morning Rounds)Pineapple (Pineapple) | 23Cheese SticksPretzels*Vegetarian*Wheat (Pretzels)Dairy (Cheese Sticks) | 24Pita ChipsHummus*Vegan*Wheat & Sesame (Pita Chips)Sesame & Legumes (Hummus) | 25Cheese CubesWheat Crackers*Vegetarian*Wheat (Wheat Crackers)Dairy (Cheese Cubes) | 26Chocolate Beet BrowniesSeasonal Berries*Vegetarian*Wheat, Dairy, & Cocoa (Brownies) |
| 29Oat Pancakes Bananas*Vegetarian*Egg, Dairy, Wheat (Oat Pancakes) | 30Mango YogurtGraham Crackers*Vegetarian*Dairy (Cheese Sticks)Wheat (Crackers)  |  |  |  |



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| 1**NO SCHOOL** | 2**Black Bean Pozole** ***Vegetarian***Cabbage, Radish Tortilla ChipsGuacamoleLegumes (Pozole)  | 3**Ground Turkey Soft Tacos*****Tacos de Papa*** Shredded CheeseTomato & LettuceMelonWheat (Tacos)Dairy (Shredded Cheese) | 4**Alfredo Pasta*****Vegetarian***Romanesco CauliflowerSeasonal FruitWheat & Dairy (Pasta) | 5 **Cheeseburgers*****Veggie Burger***Fried PotatoKetchup & MayonnaiseTropical FruitWheat (Hamburgers) Legumes, Dairy, Egg, & Wheat (Veggie Burger)Eggs (Mayonnaise) |
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| 8**Ginger Beef*****Ginger Tofu*** Brown RiceRoasted BroccoliTropical FruitSoy (Ginger Sauce) | 9**Bean Burrito*****Vegetarian*** Shredded CheeseRoasted Corn Seasonal FruitDairy, Legumes, & Wheat (Bean Burrito) | 10**Paneer Butter Masala** ***Vegetarian***Basmati RiceSugar Snap PeasPineappleWheat CrackersLegumes (Sugar Snap Peas)Dairy (Paneer Masala)Pineapple (Pineapple)Wheat (Wheat Crackers)  | 11**Mac & Cheese*****Vegetarian***Collard GreensGrapesWheat & Dairy (Mac & Cheese) | 12**Meatballs** ***Sautéed Tofu***Roasted Carrots Béchamel Orzo PastaMelonWheat & Dairy (Béchamel Orzo Pasta)Dairy, Soy, Wheat (Meatballs) |
| 15**Bean Burrito*****Vegetarian*** Shredded CheeseRoasted Corn MelonDairy, Legumes, & Wheat (Bean Burrito) | 16**Mongolian Beef*****Mongolian Tofu***Brown RiceRoasted Green BeansSeasonal FruitSoy (Mongolian Sauce) | 17**BBQ Pulled Chicken Sandwich*****BBQ Tofu Sandwich***ColeslawApplesWheat (Sandwiches)Sesame & Egg (Coleslaw) | 18**Creamy Pesto Pasta*****Vegetarian***Brussel SproutsMelonWheat & Dairy (Pasta) | 19**Teriyaki Chicken*****Vegetarian***Brown RiceRoasted Green BeansTropical FruitSoy (Teriyaki Sauce) |
| 22**Green Pozole** ***Black Bean Pozole***Cabbage, Radish Tortilla ChipsGuacamoleLegumes (Bean Pozole) | 23**Spanish Rice & Beans*****Vegetarian*** Sauteed Bell PeppersRoasted CornLegumes (Beans) | 24**Beef Spaghetti** ***Creamy Spaghetti***Sugar Snap PeasGrapesWheat (Beef Spaghetti)Wheat & Dairy (Creamy Spaghetti) | 25**Cheese Pizza*****Vegetarian***BBQ SauceMashed PotatoSeasonal FruitWheat & Dairy (Pizza)Dairy (Mashed Potato) | 26**Chicken Wontons** ***Vegetarian Spring Rolls***Basmati Rice Roasted Broccoli ApplesWheat & Soy (Wontons) |
| 29**Panko Mac & Cheese*****Vegetarian***Sugar Snap PeasPearsWheat & Dairy (Mac & Cheese) | 30**Ground Turkey Soft Tacos*****Tacos de Papa*** Shredded CheeseTomato & LettuceMelonWheat (Tacos)Dairy (Shredded Cheese) |  |  |  |