

April 2024 Snack Menu

*Known allergens are noted in red. For questions, please see Chef Blanca or Chef Jhan*

[***blanca@peregrineschool.org***](mailto:blanca@peregrineschool.org) *or*[***Jhan@peregrineschool.org***](mailto:rosa@peregrineschool.org)

| 1  No School | 2  Cheese Sticks  Graham Crackers *Vegetarian*  Wheat (Graham Crackers)  Dairy (Cheese Sticks) | 3  Black Bean  Muffins  Banana  *Vegetarian*  Dairy, Legumes, & Cocoa (Muffins) | 4  Chocolate Oatmeal  Bananas  *Vegetarian*  Dairy & Cocoa (Oatmeal) | 5  Sunbutter  Apple Slices  Rice Crackers  *Vegan* |
| --- | --- | --- | --- | --- |
| 8  Applesauce Graham Crackers  *Vegetarian*  Wheat (Graham Crackers) | 9  Oat Pancakes  Bananas  *Vegetarian*  Egg, Dairy, Wheat (Oat Pancakes) | 10  Cheese Sticks  Pretzels  *Vegetarian*  Wheat (Pretzels)  Dairy (Cheese Sticks) | 11  Hard Boiled Egg  Seasonal Berries  *Vegetarian*  Egg (Eggs) | 12  Strawberry Yogurt  Wheat Crackers  *Vegetarian*  Dairy (Yogurt)  Wheat (Wheat Crackers) |
| 15  Sunbutter  Apple Slices  Rice Crackers  *Vegan* | 16  Pita Chips  Hummus  *Vegan*  Wheat & Sesame (Pita Chips)  Sesame & Legumes  (Hummus) | 17  Pumpkin  Muffins  Seasonal Berries  *Vegetarian*  Wheat & Dairy (Muffins) | 18  Chocolate Oatmeal  Bananas  *Vegetarian*  Dairy & Cocoa (Oatmeal) | 19  Cheese Sticks  Graham Crackers *Vegetarian*  Wheat (Graham Crackers)  Dairy (Cheese Sticks) |
| 22  Morning Rounds  Pineapple  *Vegan*  Wheat (Morning Rounds) Pineapple (Pineapple) | 23  Cheese Sticks  Pretzels  *Vegetarian*  Wheat (Pretzels) Dairy (Cheese Sticks) | 24  Pita Chips  Hummus  *Vegan*  Wheat & Sesame (Pita Chips)  Sesame & Legumes  (Hummus) | 25  Cheese Cubes  Wheat Crackers  *Vegetarian*  Wheat (Wheat Crackers)  Dairy (Cheese Cubes) | 26  Chocolate Beet Brownies Seasonal Berries  *Vegetarian*  Wheat, Dairy, & Cocoa (Brownies) |
| 29  Oat Pancakes  Bananas  *Vegetarian*  Egg, Dairy, Wheat (Oat Pancakes) | 30  Mango Yogurt  Graham Crackers  *Vegetarian*  Dairy (Cheese Sticks)  Wheat (Crackers) |  |  |  |



April 2024 Lunch Menu

*Known allergens are noted in red. For questions, please see Chef Blanca or Chef Jhan*

[***blanca@peregrineschool.org***](mailto:blanca@peregrineschool.org) *or* ***Jhan***[***@peregrineschool.org***](mailto:rosa@peregrineschool.org)

| 1  **NO SCHOOL** | 2  **Black Bean Pozole**  ***Vegetarian***  Cabbage, Radish  Tortilla Chips  Guacamole  Legumes (Pozole) | 3  **Ground Turkey Soft Tacos**  ***Tacos de Papa***  Shredded Cheese  Tomato & Lettuce  Melon  Wheat (Tacos)  Dairy (Shredded Cheese) | 4  **Alfredo Pasta**  ***Vegetarian***  Romanesco Cauliflower  Seasonal Fruit  Wheat & Dairy (Pasta) | 5  **Cheeseburgers**  ***Veggie Burger***  Fried Potato  Ketchup & Mayonnaise  Tropical Fruit  Wheat (Hamburgers)  Legumes, Dairy, Egg, & Wheat (Veggie Burger)  Eggs (Mayonnaise) |
| --- | --- | --- | --- | --- |
| 8  **Ginger Beef**  ***Ginger Tofu***  Brown Rice  Roasted Broccoli  Tropical Fruit  Soy (Ginger Sauce) | 9  **Bean Burrito**  ***Vegetarian***  Shredded Cheese  Roasted Corn  Seasonal Fruit  Dairy, Legumes, & Wheat (Bean Burrito) | 10  **Paneer Butter Masala**  ***Vegetarian***  Basmati Rice  Sugar Snap Peas  Pineapple  Wheat Crackers  Legumes (Sugar Snap Peas)  Dairy (Paneer Masala)  Pineapple (Pineapple)  Wheat (Wheat Crackers) | 11  **Mac & Cheese**  ***Vegetarian***  Collard Greens  Grapes  Wheat & Dairy (Mac & Cheese) | 12  **Meatballs**  ***Sautéed Tofu***  Roasted Carrots  Béchamel Orzo Pasta  Melon  Wheat & Dairy (Béchamel Orzo Pasta)  Dairy, Soy, Wheat (Meatballs) |
| 15  **Bean Burrito**  ***Vegetarian***  Shredded Cheese  Roasted Corn  Melon  Dairy, Legumes, & Wheat (Bean Burrito) | 16  **Mongolian Beef**  ***Mongolian Tofu***  Brown Rice  Roasted Green Beans  Seasonal Fruit  Soy (Mongolian Sauce) | 17  **BBQ Pulled Chicken Sandwich**  ***BBQ Tofu Sandwich***  Coleslaw  Apples  Wheat (Sandwiches)  Sesame & Egg (Coleslaw) | 18  **Creamy Pesto Pasta**  ***Vegetarian***  Brussel Sprouts  Melon  Wheat & Dairy (Pasta) | 19  **Teriyaki Chicken**  ***Vegetarian***  Brown Rice  Roasted Green Beans  Tropical Fruit  Soy (Teriyaki Sauce) |
| 22  **Green Pozole**  ***Black Bean Pozole***  Cabbage, Radish  Tortilla Chips  Guacamole  Legumes (Bean Pozole) | 23  **Spanish Rice & Beans**  ***Vegetarian***  Sauteed Bell Peppers  Roasted Corn  Legumes (Beans) | 24  **Beef Spaghetti**  ***Creamy Spaghetti***  Sugar Snap Peas  Grapes  Wheat (Beef Spaghetti)  Wheat & Dairy (Creamy Spaghetti) | 25  **Cheese Pizza**  ***Vegetarian***  BBQ Sauce  Mashed Potato  Seasonal Fruit  Wheat & Dairy (Pizza)  Dairy (Mashed Potato) | 26  **Chicken Wontons**  ***Vegetarian Spring Rolls***  Basmati Rice  Roasted Broccoli  Apples  Wheat & Soy (Wontons) |
| 29  **Panko  Mac & Cheese**  ***Vegetarian***  Sugar Snap Peas  Pears  Wheat & Dairy (Mac & Cheese) | 30  **Ground Turkey Soft Tacos**  ***Tacos de Papa***  Shredded Cheese  Tomato & Lettuce  Melon  Wheat (Tacos)  Dairy (Shredded Cheese) |  |  |  |