



PEREGRINE SCHOOL

February 2026 Snack Menu (West)

Known allergens are noted in *red*. For questions, please see Chef Finley or email finley@peregrineschool.org

2 Yogurt and Graham Crackers <i>Vegetarian</i> Wheat, Soy (Graham Crackers), and Dairy (Yogurt)	3 Applesauce and Wheat Thins <i>Vegan</i> Allergens	4 Cheese Cubes and Crackers <i>Vegetarian</i> Wheat, Sesame (Crackers), and Dairy (Cheese Cubes)	5 Sunbutter Sandwich and Fruit <i>Vegan</i> Wheat (Sunbutter Sandwiches)	6 Banana Chocolate Chip Muffins and Bananas <i>Vegan</i> Wheat and Soy (Muffins)
9 Oatmeal and Fruit <i>Vegan</i>	10 English Muffins with Jam and Fruit Wheat and Milk (English Muffins)	11 Bagels and Cream Cheese <i>Vegetarian</i> Wheat, Sesame (Bagels), and Dairy (Cream Cheese)	12 String Cheese, Pretzels, and Raisins <i>Vegetarian</i> Wheat (Pretzels) and Dairy (String Cheese)	13 Lemon Poppyseed Muffins and Bananas <i>Vegan</i> Wheat (Muffins)
NO SCHOOL	17 Applesauce and Wheat Thins <i>Vegan</i> Wheat (Wheat Thins)	18 Yogurt and Graham Crackers Wheat, Soy (Graham Crackers), and Dairy (Yogurt)	19 Pita Chips/Bread and Hummus and Fruit <i>Vegan</i> Wheat, Sesame (Pita Chips/Bread/Hummus), and Legumes (Hummus)	20 Pumpkin Muffins and Bananas <i>Vegan</i> Wheat (Muffins)
23 English Muffins with Jam and Fruit <i>Vegetarian</i> Wheat and Milk (English Muffins)	24 Sunbutter Sandwich and Fruit <i>Vegan</i> Wheat (Sunbutter Sandwiches)	25 Bagels and Cream Cheese <i>Vegetarian</i> Wheat, Sesame (Bagels), and Dairy (Cream Cheese)	26 Oatmeal and Fruit <i>Vegan</i>	27 Chocolate Muffins and Bananas <i>Vegan</i> Wheat (Muffins)



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2 Spaghetti Shredded Parmesan Veggie Fruit Wheat (Spaghetti) and Dairy (Shredded Parmesan)	3 Grilled Cheese Veggie Fruit Wheat and Dairy (Grilled Cheese)	4 Teriyaki Chicken <i>Teriyaki Tofu</i> Rice Veggie Fruit Wheat and Soy (Teriyaki Sauce)	5 Chicken Quesadillas <i>Cheese Quesadillas</i> Veggie Fruit Wheat and Dairy (Quesadillas)	6 Pizza <i>Vegetarian</i> Extra Item Veggie Fruit Wheat and Dairy (Pizza)
9 Pesto Pasta Shredded Parmesan Veggie Fruit Wheat, Soy (Pesto Pasta), and Dairy (Parmesan)	10 Chicken Enchilada Casserole <i>Cheese Enchilada Casserole</i> Veggie Fruit Dairy (Enchilada Cassaroles)	11 Ginger Miso Beef <i>Ginger Miso Soya</i> Rice Veggie Fruit Wheat and Soy (Ginger Miso Sauce)	12 Bean and Cheese Burritos Veggie Fruit Wheat, Dairy, and Legumes (Burritos)	13 Ground Turkey Tacos <i>Soya Tacos</i> Shredded Cheese Veggie Fruit Wheat (Tortillas), Soy (Soya), and Dairy (Cheese)
NO SCHOOL	17 Butter Pasta and Meatballs <i>Butter Pasta and Soya</i> Shredded Parmesan Veggie Fruit Wheat (Pasta), Soy (Meatballs and Soya), and Dairy (Butter Pasta, Cheese, and Meatballs)	18 Sweet and Sour Chicken <i>Sweet and Sour Tofu</i> Rice Veggie Fruit Wheat and Soy (Sweet and Sour Sauce)	19 Chicken Quesadillas <i>Cheese Quesadillas</i> Veggie Fruit Wheat and Dairy (Quesadillas)	20 Pizza <i>Vegetarian</i> Veggie Fruit Wheat and Dairy (Pizza)
23 Mac and Cheese Veggie Fruit Wheat and Dairy (Mac and Cheese)	24 Bean and Cheese Burritos Veggie Fruit Wheat, Dairy, and Legumes (Burritos)	25 Thai Basil Beef <i>Thai Basil Tofu</i> Rice Veggie Fruit Wheat and Soy (Thai Basil Beef and Tofu)	26 Grilled Cheese Veggie Fruit Wheat and Dairy (Grilled Cheese)	27 Ground Turkey Tacos <i>Soya Tacos</i> Shredded Cheese Veggie Fruit Wheat (Tortillas), Soy (Soya), and Dairy (Cheese)